



## SAILING INSTRUCTIONS – MCYS 2019-2020

Originally Issued 1<sup>st</sup> April 2019, amended 9<sup>th</sup> October 2019

The Organising Authority is the Martha Cove Yacht Squadron Inc. (MCYS)

*The notation '(DP)' in a rule in the NOR or SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.*

### 1 VALIDITY and RULES

1.1 These Sailing Instructions (SI) are valid from 1 April 2019 until 1 January 2020 for club racing conducted by Martha Cove Yacht Squadron (MCYS)

1.2 A boat is only eligible for entry into any individual race (even if that race is part of a series) if the skipper and all crew are current financial members of MCYS or, at the time of the race, are in compliance with the MCYS Visitor Policy as amended from time to time. It is the responsibility of the skipper to be aware of the MCYS Rules, By-Laws and Policies, and that their crew is in compliance.

1.3 Reference made in these instructions to Keelboats shall include Trailable Yachts.

1.4 Special Sailing Instructions may be issued for individual races. These will be posted by 2000 hours on the day before they will take effect.

1.5 The races will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*, prescriptions and regulations of Australian Sailing (AS) and MCYS Sailing instructions (SI).

1.6 The Australian Sailing Special Regulations Part 1, Sections 1 - 6, shall apply for Keelboats.

1.7 The IRC Rule shall apply where applicable.

1.8 The Australian Measurement System (AMS) shall apply where applicable.

1.9 The Australian Sailing Keelboat Handicap Rule (PHS) shall apply where applicable.

1.10 The Sportsboat Measurement System (SMS) where applicable.

1.11 All boats shall comply with the Rules and By-Laws of MCYS. Where there is an inconsistency between the Rules and By-Laws of MCYS and these Sailing Instructions, the Rules and By-Laws of MCYS shall prevail.

1.12 All boats shall comply with the requirements of the State Legislation and local authorities, particularly with respect to the avoidance of commercial shipping.

1.13 The International Rules for Prevention of Collision at Sea, 1976, apply between sunset and sunrise replacing the relevant parts of RRS.



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1.14 Boats aground. Permission is granted as per RRS 42.3(i).

### 2 NOTICES TO COMPETITORS

Notices to competitors will be posted online at [www.mcys.com.au](http://www.mcys.com.au) and may be notified by VHF radio on channel 72.

### 3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted not less than two hours before it will take effect, except that any change to the schedule of races will be posted by 1800 hours on the day before it will take effect.

### 4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the flag mast at the shore end of the Start Line and may be notified by VHF radio on channel 72.

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 1 hour' in the race signal AP for Keelboats.

### 5 SCHEDULE OF RACES

The Schedule of Races will be published in the MCYS Sailing Program and at [www.mcys.com.au](http://www.mcys.com.au).

### 6 CLASS FLAGS

Class flags (if applicable) will be designated in the MCYS Sailing Program.

### 7 RACING AREAS

The racing will be on the waters of Port Phillip.

### 8 THE COURSES

8.1 The Race Committee shall designate the course to be sailed before or at the warning signal. See Appendix A.

8.2 The Course will be communicated by VHF Channel 72

8.3 If the RO signals a shortened course either by radio announcement on channel 72 or by displaying a flag S with 2 sounds, the finishing line shall be:

- (a) At a rounding mark, between the mark and the RO position or a staff displaying flag S; or
- (b) Where boats are required to cross a line at the end of each lap, that line; or



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(c) At a gate between the gate marks

The shortened course shall be signaled before the first boat crosses the finishing line. Competitors may be instructed by the RO to take their GPS time on rounding the shortened course mark.

### 9 MARKS

9.1 MCYS Fixed Marks are described as follows:

START/FINISH	(2 <sup>ND</sup> YELLOW)	S38 18.791'	E144 59.222'
Nth TM	(1st YELLOW)	S38 18.613'	E144 59.222'
Sth TM.	(3 <sup>rd</sup> YELLOW).	S38 18.963'	E144 58.897
CM24	(CHANNEL MARK)	S38 17.930'	E144 53.921'
CM25	(CHANNEL MARK)	S38 17.928'	E144 55.946'
CM23	(CHANNEL MARK)	S38 18.806'	E144 55.946'
CM21	(CHANNEL MARK)	S38 19.495'	E144 55.481'
CM19	(CHANNEL MARK)	S38 20.116'	E144 54.469'
R1	(Recreational MARK)	S38 16.489'	E144 58.323'
MYC SM	(MYC START MARK)	S38 12.520'	E145 01.062'
MF M	(MUSSEL FARM MARK)	S38 12.520'	E145 01.062'
CA M	(CARDINAL MARK)	S38 13.908'	E144 50.613'
PM.	(YELLOW MARK ).	S38 19.855'	E144 58.323'
Lighthouse.	(YELLOW MARK).	S38 20.538'	E144 55.686'

Note the above positions are shown on the current Australian Charts AUS 143, 154 and 155 or as modified in the Notices to Mariners issued by the Port of Melbourne.



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### 10 PURSUIT RACES ARE DESIGNATED NO EXTRAS

Pursuit Races are designated 'No Extras' races. Boats shall use only a mainsail and one headsail at a time. The headsail shall be fully hanked, or attached by means of a luff groove device, to the forestay. Headsails may be poled out. This changes RRS 50.

### 11 AREAS THAT ARE OBSTRUCTIONS

The following areas is designated as an obstruction:

All no boating zones and zones classified for Aquaculture on the current Australian Charts AUS 143, 154 and 155 or as modified in the Notices to Mariners issued by the Port of Melbourne

### 12 THE START

12.1 When a race is designated "Pursuit" in the MCYS Sailing Program, boats will be allocated a start time in minutes after the starting signal. A display may count up each minute after the starting signal. A boat's start time will be when the numeral matching their starting time (minutes after the start) appears on the display.

12.2 The starting line is described as follows:

(a) **On Water Start**

Will be described in the course descriptions and could be between two fixed marks.

(b) **Pursuit**

The start/finish line shall be between the 2nd yellow pole South of MC STB channel marker and a white and orange pole displaying MCYS flag on the beach adjacent to the 2nd yellow pole South of MC STB channel marker at 90 degrees thereto.

(c) **Start Sequence**

1<sup>st</sup> horn warning at 5 minutes prior to start

2<sup>nd</sup> horn warning at 4 minutes prior to start

3<sup>rd</sup> horn warning at 1 minute prior to start

12.3 All yachts racing shall sign on to the RO on channel 72 prior to the 5-minute warning and notify the RO number of People on Board (POB). Failure to sign on will result in a DSQ

12.4 The RO shall notify competitors of the course number by VHF channel 72 prior to the start sequence and may also provide the course number on request at any time prior to a boat starting.

12.3 Boats racing in Pursuit Races shall not cross the start line at any time after the beginning of the start sequence and one (1) minute prior to their start time. Boats that fail to comply may be scored DNS without a hearing. This changes RRS A4, 30 & 35.



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12.4 A boat starting later than 5 minutes after her starting time will be scored DNS without a hearing. This changes rule A4, 30 & 35.

12.5 The start procedure may be amended by Supplementary Sailing Instructions.

### 13. ENTRIES

13.1 Entries may be lodged by MCYS members and members of other clubs affiliated with Australian Sailing.

13.2 Entries from MCYS non-members are limited to six (6) races per membership year.

13.3 Entries shall be accepted up to sixty minutes (or less at the sole discretion of the RO) before the scheduled start of any race. MCYS reserves the right to refuse any entry. The RO may request the names of POB of any vessel at any time at his or her discretion.

13.4 A minimum of 3 boats starting shall be required in a division to constitute a race.

13.5 It is the responsibility of each owner/skipper to ensure all crew/visitors that do not have a current Australian Sailing number are to be registered with an Australian Sailing 'Sail Pass' prior to entering or taking part in any race. This may be completed on-line at:  
[www.revolutionise.com.au/mcys/temporary-member/&new/](http://www.revolutionise.com.au/mcys/temporary-member/&new/)

13.6 A sail pass will ensure the insurance coverage afforded by Australian Sailing is in place. This change will be in accordance to RRS 78.2.

13.7 The number of Sail Passes per visitor or guest is limited to six (6) races per membership year, after which the person must join MCYS.

### 14. RECALLS

Individual recalls will be signaled over the VHF Radio with the onus on the skipper for acknowledgment. This changes RRS 29.1.

### 15. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee may lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

### 16. THE FINISH

16.1 Any on water finish will be described in the course descriptions, SI's and NOR and could be between two fixed marks.



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16.2 The finish procedure, position or configuration may be amended by Supplementary sailing instructions.

16.3 The finish line for any pursuit race shall be between the 2nd yellow pole South of MC STB channel marker and a white and orange pole displaying MCYS flag on the beach adjacent to the 2nd yellow pole South of MC STB channel marker at 90 degrees thereto.

### 17. PENALTY SYSTEM

The penalty for breaking a rule of Part 2 shall be a One-Turn Penalty, except that for infringements "within the zone", as defined in the RRS, shall be a Two-Turn penalty. This changes RRS 44.1.

### 18. TIME LIMITS

18.1 The time limits are as following:

Twilight Races

- a) Racing shall end at sunset unless otherwise stated.
- b) The race committee will endeavor to advise the sunset time when posting the start sheet.
- c) Boats failing to finish by that time will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.

All other races 3 hours and 30 minutes

MCYS Keelboat Championship Races 17:30 hours

18.2 Any boat that has not finished within the time limit will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5.

18.3 Any boat that has not finished before the official time of sunset even if within other time limits will be scored DNF without a hearing. This changes rules 35, A4 and A5.

18.4 If no boat passes the first mark within 60 minutes of the start, the race will be abandoned.

18.5 Failure to meet the target time will not be grounds for redress.

### 19. PROTESTS AND REQUESTS FOR REDRESS

19.1 Protest forms are available online at [www.mcys.com.au](http://www.mcys.com.au) - Protests and requests for redress or reopening shall be delivered within the appropriate time limit defined herein.

19.2 Protests may be delivered, via email to [keelboats@mcys.com.au](mailto:keelboats@mcys.com.au)

19.3 The protest time limit is 120 minutes (2 hours) after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.



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19.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

19.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b). [www.mcys.com.au](http://www.mcys.com.au)

### 20. ARBITRATION

RRS Appendix T shall apply.

### 21. SCORING

21.1 One race is required to be completed to constitute a series.

21.2 The Low Points Scoring System specified in RRS Appendix A will apply as modified below:

a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.

b) When from 5 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

c) When from 10 to 14 races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

d) When 15 or more races have been completed, a boat's series score will be the total of her race scores excluding her three worst scores.

21.3 Boats holding an IRC short-handed certificate, AMS two-handed rating and/or PHS two-handed rating entered as Two-Handed will be scored in the overall results of the race.

21.4 Keelboats entered in a series will be scored according to either their Fully Crewed or their Two-Handed handicap. Boats wishing to sail with both configurations are required to lodge an additional entry.

### 22. ROSTERED DUTY AND AVERAGE POINTS

22.1 Crew rostered for duty on the MCYS Roster shall be ineligible to enter for a race unless appropriate volunteer substitutions have been made prior to that race. Penalty of DNC shall be applied to any boat on which rostered crew have sailed who have not had appropriate volunteer substitution authorized by the RO.

22.2 A boat that does not race because the majority of its crew are rostered for duty on a race day AND also signs on stating 'DUTY' shall be awarded points equal to the average of all of the points awarded in the series.





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22.3 In any one season average points may be awarded for a maximum of two (2) race days.

22.4 A boat competing in a major event for that class (such as a state, national championships or a major event) may be awarded average points equal to the average of the boat's best three of the points awarded in the series. Prior to the event skippers must apply in writing to the MCYS Sailing Committee for such points to be awarded.

### 23. RE-SAILS

23.1 Any abandoned aggregate race shall only be re-sailed if the race is required to constitute a series.

### 24. SAFETY REGULATIONS

24.1 The Keelboat Safety Category for each race will be designated in the MCYS Sailing Program, NOR or SI's.

24.2 Where a Safety Category has been designated in the MCYS Sailing Program, all competing boats shall lodge a Safety Compliance Declaration and Checklist covering the appropriate safety category prior to racing. Boats failing to comply will have their entry refused or be scored DNC.

24.3 In addition to the requirements of the designated Safety Category, the follow additional safety requirements apply to all keelboats:

- a) While racing, no anchors shall be carried on deck forward of the bow or with any part protruding outboard.
- b) All keelboats shall carry a VHF radio capable of transmitting on channel 72. The radio may be permanently installed or a waterproof handheld.
- c) All crew on deck competing under the following conditions shall wear a lifejacket:
  - i. Keelboats entered as Two-Handed - lifejacket must comply with AS Special Regulations Part 2, Section 5.01.2 (minimum 50).
  - ii. Keelboats competing as Cat 7 on a boat without lifelines complying with AS Special Regulations Part 1, Section 3.12 (e.g. Etchells and Dragons) - lifejacket must comply with AS Special Regulations Part 2, Section 5.01.2 (minimum 50S).

### 25. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee, equipment inspector or measurer to proceed immediately to a designated area for inspection.

### 26. REPLACEMENT OF CREW OR EQUIPMENT



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26.1 Keelboats – The crew list of all keelboats racing shall be updated for all crew on board prior to the first warning signal. Failure to update the crew list may result in the boat being scored DNC for all races on that day. This changes rule 63.1, A4 and A5.

26.2 Substitution of damaged or lost equipment and changes to sail number shall be authorised by the race committee or RO. Requests for substitution shall be made to the Sailing Office or RO at the first reasonable opportunity.

26.3 Failure to notify the OOD or Sailing Office of a change of sail number will result in a DNC without a hearing. This changes rule 63.1

### **27. RADIO COMMUNICATION**

27.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

27.2 MCYS Race Control (or RO) will monitor and use VHF Channel 72 during races.

27.3 It is recommended that all boats during the race monitor/transmit on VHF Channels 72 and 16.

### **28. COMMERCIAL SHIPPING**

28.1 Marine regulations require that boats shall avoid commercial shipping. Boats which find themselves in danger of interfering with commercial shipping may use their engine to avoid interference and will not be penalised under RRS 42 provided that:

a) it is used only as necessary to avoid the commercial shipping in question,

b) no advantage is gained through its use, and

c) a declaration containing a complete description of the circumstances is submitted to the Race Committee within the protest time limit.

This alters RRS 42.

28.2 Skippers are reminded of the requirement for competing boats to keep clear of commercial shipping at all times. Boats should not cross commercial shipping channels where such crossing would interfere with the passage of commercial shipping or be so close as to cause concern for commercial shipping.

28.3 In accordance with section 2.19 of the Port of Melbourne Regulations, participants in the series are advised of the requirement to report any incident, hazard or obstruction, as soon as reasonably practical, to Port of Melbourne Vessel Traffic Services (VTS).



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### 29. PRIZES

29.1 Prizes may be awarded to the boats placing first, second and third, depending on the number of starters in a race or series as follows:

- a) A minimum of five starters are required for a third prize to be awarded.
- b) A minimum of four starters are required for a second prize to be awarded.

29.2 Only boats on the MCYS Boat Register and entered by an MCYS member are eligible to win any MCYS Trophy Race or Series.

29.3 Prizes may be amended by Supplementary Sailing Instructions.

### 30. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

### 31. MEDIA RIGHTS

By participating in these races, competitors automatically grant to Martha Cove Yacht Squadron and its sponsors, the right in perpetuity to make, use and show, from time to time at their discretion, any photographs, motion pictures and live, taped or filmed television and other reproductions of the competitor during the period of the races without compensation.

### 32. INSURANCE

32.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of AUD \$10 Million per incident or the equivalent and maintain this cover for the period of the series.

32.2 If a boat fails to maintain her insurance during any series, she shall be deemed to be ineligible and scored DNC for each race until such time her insurance is restored.

### 33. RESULTS

Results will be posted online at [www.mcys.com.au](http://www.mcys.com.au)

### 34. WEATHER WARNINGS

***When a Gale Warning has been issued by the Bureau of Meteorology, racing shall be cancelled.***

***Racing may be cancelled or postponed otherwise at the discretion of the sailing committee or RO when forecast conditions are deemed unsuitable.***



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*Cancellation shall be signalled by lights, sound signals, radio and flags as per above.*

*Yachts may also be advised of the cancellation when they 'sign on' or be notified via email and / or SMS message*



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### Appendix A Courses

#### SATURDAY LONG COURSES

- 1 START, SthTM(S), CM24(S), MYC SM(S), MF M(S), R1(P), SthTM(P), FINISH(P) (19.8NM)
- 2 START, NthTM(P), R1(S), MF M(P), MYC SM(P), CM24(P), NthTM(S), FINISH(S) (19.8NM)
- 3 START, SthTM(S), CA M(S), MYC SM(S), R1(P), SthTM(P), FINISH(S) (23.2NM)
- 4 START, NthTM(P), R1(S), MYC SM(P), CA M(P), NthTM(S), FINISH(S) (23.2NM)
- 5 START, SthTM(S), 19(S), 21(P), 23(P), 25(S), SthTM(P), R1(P), 25(P), SthTM(P) FINISH(P) (18NM)
- 6 START, NthTM(P), 25(S), R1(S), SthTM(S), 25(S), 23(S), 21(S), 19(P), NthTM(S), FINISH(P) (18NM)

#### SATURDAY RACING MEDIUM COURSES (Combined Starts)

- 7 SE/NW START NthTM(P), 25(P), Pier(P), 25(P), Pier(P), NthTM(S), FINISH (11.4NM)
- 8 SW/NE START, NthTM(P), R1(P), 25(P), R1(P), 25(P), NthTM(S), FINISH (12.3NM)
- 9 N/S START, NthTM(P), R1(P), Pier(P), R1(P), NthTM(S), FINISH (11.3NM)
- 10 NW/SW START, NthTM(P), R1(P), 25(P), 23(P), 19(P), Pier(P), SthTM(P), FINISH (11.2NM)
- 11 N/E/S. START, SthTM(S), Pier(S), 19(S), 21(P), R1(S), NthTM(S), FINISH (11.6NM)
- 12 SE/SW. START, NthTM(P), R1(P), 24(P), Pier(P), SthTM(P). FINISH (11.7NM)

#### SHORTENABLE COURSES

- 13 N/W/E. START, NthTM(P), R1(P), 25(P), SthTM(P), START/FINISH(P) R1(P), SthTM(P), FINISH (9.5NM)
- 14 W/E. START, NthTM(P), 25(P), SthTM(P), START/FINISH, 25(P), SthTM(P), FINISH (9NM)



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### **TWILIGHT COURSES (Stern Chaser White Sails only)**

15 S/SE/NE/W START, SthTM(S), 23(S), R1(S), SthTM(P), FINISH (8.1NM)

16 N/SW/E START, SthTM(S), R1(P), 23(P), SthTM(P), FINISH (8.1NM)

17 W/SE/NE. START, SthTM(P), 23(S), Pier(S), SthTM(S), FINISH (5.5NM)

18 SW/NW/E. START, SthTM(S), Pier(S), 23(S), SthTM, FINISH (5.5NM)

19 SW/N/E START, SthTM(S), Lighthouse mark(S), 23(S), SthTM(P), FINISH (7.5NM)

20 W/S/NE. START, SthTM(S), 23(P), Lighthouse mark(P), SthTM(P), FINISH (7.5NM)